

**Please return to your interventionist or Good Beginnings for Teen Parents Educator**

\_\_\_\_ **Yes, I give permission for my child to participate in the classes.**

\_\_\_\_ **No, I do not give permission for my child to participate in the classes.**

\_\_\_\_ **Parent/Guardian's signature and Date**

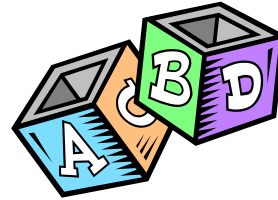
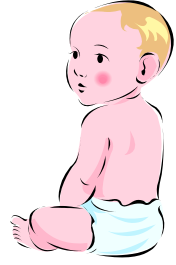
\_\_\_\_ **Interventionist Specialist  
Rowan-Salisbury School System**

\_\_\_\_ **Student's name**

\_\_\_\_ **School:**

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# GOOD BEGINNINGS FOR TEEN PARENTS



A SERIES OF  
CLASSES FOR  
PREGNANT AND  
PARENTING TEENAGERS



Sponsored by:



## A Time for Learning

### Good Beginnings for Teen



**Parents (GBTP)** is an educational program designed to help pregnant and parenting teens gain valuable information and good parenting skills.

GBTP is offered in Rowan County schools for students that are pregnant and parenting. The classes are coordinated with the Intervention Specialist and the GBTP Coordinator.

Adolescent girls and guys are welcomed to participate.

### Program Goals

1. Promoting pre-natal and post-natal care
2. Preventing child abuse and neglect
3. Postponing future pregnancies
4. Challenging teens to stay in school

**SESSIONS ARE FREE AND CONFIDENTIAL**

## Topics Discussed May Include:

- Prenatal Care
- Child Development
- Brain Development
- Breast Feeding
- Puberty and Ovulation
- Time Management
- Sexually Transmitted Diseases
- Pregnancy Prevention
- Discipline
- Importance of reading to your child
- Safety
- Nutrition for Mother and Child
- Smoking Cessation
- Drug and Alcohol Abuse
- Goal Setting
- Paying for College
- Career Preparation
- Relationships
- Stress
- Money Management
- Strengthening Community Ties
- And many, many more...

To register for Good Beginnings, have your parent/guardian sign the permission form on the back of this brochure and please return to your school's Intervention Specialist or Good Beginnings Educator.

